

# LIST OF HUMAN NEEDS

ACCEPTANCE	RESPECT	AUTONOMY
AFFECTION	SELF-RESPECT	CHOICE
APPRECIATION	PHYSICAL HEALTH	FREEDOM
BELONGING	AIR	INDEPENDENCE
COOPERATION	FOOD	SPACE
COMMUNICATION	MOVEMENT	SPONTANEITY
CLOSENESS	EXERCISE	MEANING
COMMUNITY	REST/SLEEP	AWARENESS
COMPANIONSHIP	SEXUALITY	CELEBRATION OF LIFE
COMPASSION	SAFETY	CHALLENGE
CONSIDERATION	SHELTER	CLARITY
CONSISTENCY	TOUCH	COMPETENCE
EMPATHY	WATER	CONSCIOUSNESS
INCLUSION	HONESTY	CONTRIBUTION
INTIMACY	AUTHENTICITY	CREATIVITY
LOVE	INTEGRITY	DISCOVERY
MUTUALITY	PRESENCE	EFFICACY
NURTURING	PLAY	EFFECTIVENESS
SAFETY	JOY	GROWTH
SECURITY	HUMOR	HOPE
STABILITY	PEACE	LEARNING
SUPPORT	BEAUTY	MOURNING
TO KNOW AND BE KNOWN	COMMUNION	PARTICIPATION
TO SEE AND BE SEEN	EASE	PURPOSE
TO UNDERSTAND AND BE UNDERSTOOD	EQUALITY	SELF-EXPRESSION
TRUST	HARMONY	STIMULATION
WARMTH	INSPIRATION	TO MATTER
	ORDER	UNDERSTANDING